

# 2008 Northwest Whitewater Downriver Cup

Date	Race	Sprint/Classic	Description	Contact
8-Mar	Power Bar Cup, Chilliwack River, BC Canada	Both	Class III-IV	Tom Wier <a href="mailto:wierc1@yahoo.com">wierc1@yahoo.com</a> , 425-232-3038
15-Mar	Cedar River Races	Both	Class II-III	same
29-Mar	PGE Bull Run Races	Both	Class III	same
April 5-13	Tom's Spectacular Spring Break Training Camp	Lots of everything	Class 0-IV	same
April 12-13	Sky River Races and Training Camp Final Test	Classic/Maybe Sprint	Class III-IV	same
April 26-27	Nooksack River Races	Both	Class III	same
?	Green River Races	Both	Course TBD	same
May 10-11	Middle Fork Snolqualmie	Both	Class III-IV	same
May 24-25	National Team Leaves for Europe			
June 7-	Salmon La Sac	Both	Class II-III	Dawn Meekhof <a href="mailto:dmmeekhof@yahoo.com">dmmeekhof@yahoo.com</a>
August 1-3	US Nationals, Deerfield River, MA			
August 16-17	Skagit Races	Both	Class II-III	Rich Roehner <a href="mailto:roehners@comcast.net">roehners@comcast.net</a>
August 23-	Roaring River Slalom-Clakamas River	Both	Class II	Carl Poston <a href="mailto:cposton@inet.com">cposton@inet.com</a>
August 30-31	Lytton Whitewater Festival, Thompson River BC Canada	Both	Class III-IV	Braden Fandrich <a href="mailto:spaggie@hotmail.com">spaggie@hotmail.com</a>

**Tom's Spectacular Spring Break Training Camp- Tentative Schedule**

Date	Event
5-Apr	AM Time Trial, 3,250 meters X 2 PM Video, river run (Sky?)
6-Apr	AM Off PM Sky runs, south fork to big eddy.
7-Apr	AM Flatwater Video PM Whitewater
8-Apr	Whitewater all day
9-Apr	AM whitewater video PM off/video analysis
10-Apr	Whitewater all day
11-Apr	AM quarters on sky course PM easy lake or sky run
12-Apr	Classic Race Skykomish
13-Apr	Sprint Race Skykomish

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